

LUNCH WEEK 1 MENU



MAIN EVENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken & Vegetable Meatballs in Tomato Sauce with Pasta Twirlers	Mild Chicken Curry with Whole Grain Rice	Sausages with Mashed Potatoes and Gravy	BBQ Drizzle Pizza with Baked Potato Wedges	Golden Fish Fingers or Salmon Fingers with Chips



MEAT-FREE MAGIC Vegetarian Dish

Sweet Chilli Vegetable Stir Fry with Whole Grain Rice	Cheesy Broccoli Pasta Bake	Homemade Cheese and Leek Sausages with Mashed Potatoes and Gravy	Tarka Dhal Curry (Veggie Lentil Curry) with Whole Grain Rice	Pizza Margherita with Chips
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RAINBOW ALLEY Vegetables and Salads

Mixed Salad	Green Beans	Broccoli	Peas	Baked Beans
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Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans



DESSERT TROLLEY Pudding

Toffee Sponge and Custard	Jelly & Fruit Slices	Tropical Pineapple Crumble and Custard	Orange Cookie	Vanilla Ice Cream
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Cut fruit, yoghurt and jelly available every day



**FOOD
FESTIVAL**
By Aspens

Autumn/Winter 2023/2024:
11/9, 2/10, 23/10, 13/11, 4/12, 25/12, 15/1, 5/2

LUNCH **WEEK 2** MENU



MAIN EVENT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Toad in the Hole Oven Baked Wedges	Chicken Fajita Wholegrain Rice	Minced Beef and Onion Pie with Mash	Chicken Chow Mein (Noodles)	Golden Fish Fingers with Chips



MEAT-FREE MAGIC
Vegetarian Dish

Cauliflower Cheese Oven Baked Wedges	Veggie Nachos with Cheese Wholegrain Rice	Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash	Mexican Bean Wrap with Whole Grain Rice	Cheesy Sweetcorn Pizza with Chips
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RAINBOW ALLEY
Vegetables and Salads

Green Beans	Green Salad	Carrots	Sweetcorn	Baked Beans
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Daily salad bowl and freshly baked bread available every day



PASTA TWIRLER
Topped Pasta

Hot Pasta topped with Homemade Tomato Sauce



BIG TOPPING
Filled Jacket

Crispy Skin Jacket Potatoes
with Cheese or Beans



DESSERT TROLLEY
Pudding

Banana Sponge Cake and Custard	Jammy Crumble Bars	Apple Crumble and Custard	Orange Jelly	Vanilla Ice Cream
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Cut fruit, yoghurt and jelly available every day

LUNCH WEEK 3 MENU



MAIN EVENT



MEAT-FREE MAGIC Vegetarian Dish



RAINBOW ALLEY Vegetables and Salads



PASTA TWIRLER Topped Pasta



BIG TOPPING Filled Jacket



DESSERT TROLLEY Pudding

MONDAY

BBQ Chicken with
Baked Potato
Wedges

Vegetarian
Shepherd's Pie

Green Beans

Watermelon
Wedge

TUESDAY

Tomato & Roasted
Vegetable Pasta
Bake

Mixed Vegetable
Korma with
Whole Grain Rice

Broccoli

Chocolate Crunch
and Custard

WEDNESDAY

Roast Gammon
with Roast Potatoes
and Gravy

Baked
Mac n Cheese

Carrots

Oaty Apple
Crunch Slice

THURSDAY

Pizza Day!
Veggie Supreme
Pizza with Baked
Potato Wedges

BBQ Drizzle
Pizza with Baked
Potato Wedges

Peas

Strawberry
Jelly

FRIDAY

Golden Fish
Fingers
with Chips

Golden Vegetable
Fingers
with Chips

Baked Beans

Vanilla
Ice Cream

Daily salad bowl and freshly baked bread available every day

Hot Pasta topped with Homemade Tomato Sauce

Crispy Skin Jacket Potatoes
with Cheese or Beans

Cut fruit, yoghurt and jelly available every day